

# Most Important Things To



## Know About Your

## Mindset Coach

# 1

### A Coach Who Gets Results...

A Jordanian-Canadian Certified Mindset & Business Coach, the only female in the region accredited by the International Authority for Professional Coaching and Mentoring (IAPCM) at a Fellow level, Marshall Goldsmith Certified Stakeholder Coach, Entrepreneur, Certified International Professional Trainer & Training Manager, Certified Life coach and NLP practitioner, TEDx International Speaker, Adaptability Quotient Coach, Certified Situational Leadership Trainer, Organisational Culture Coach and Consultant, Certified Master Trainer and Training Manager, Writer and Mentor, who to date has coached 8,000 individuals, helping them realize their goals, and take their lives to the next level. Also a leadership coach, who works on instilling leadership principles as an identity versus the “a leader is the one with the title kind of attitude that is quite prevalent”. A Catalyst for Change at heart, with Manar, change is easily embarked upon, and definitely, not resisted.

# 2

### A Passionate Business Professional with Unstoppable drive

Manar's purpose is to make a difference in the lives of everyone she comes across. To empower, enlighten and elevate their standards to upgrade our communities, one person at a time. Every time she is putting together a workshop, training, coaching session or conference, she makes sure to send you home with a mind-blowing experience, and a feeling like there is absolutely no obstacle big enough to stand in your way. She started off her career at the age of 17 working a part-time job, while still an under-grad student and upon graduation joined the American Embassy in Amman whom she worked for, for 10 years, after which she decided to start her own business, et Voila! If your Dreams Don't Scare You, then they aren't BIG Enough!

# 3

### Pretty Darn Smart...

But doesn't pretend to know it all. As a Professional Coach, Manar knows that coaching as a career is a work in progress, where you continue to sharpen your skills every step of the way, and regards her career as who she is rather than something she does. Academically, Manar possesses a Master's Degree, continues to enroll herself in continuous education programs by the World's Top Coaches, and has accumulated over 6,300 hours of training as a Certified IAPCM Coach. Manar is skilled at breaking down complex issues into simple steps, and has the tools to help her clients succeed. “When you change the way you look at things, the things you look at change.”

# 4

### A Balanced, Committed with a CANI Attitude kind of Mom

Manar shows her clients the importance of a well-balanced life. Work hard, play hard. There's a time to be serious and put your head down but you also have to balance it with a lot of fun and enjoyment, especially when celebrating successes. Manar is 100% committed, both to her passionate career and 100% supportive to keeping her clients focused on the goals they set, even through the tough times when clients doubt themselves. As a mother, parenting and her relationship with her kids is focused around a CANI-Constant and Never-Ending Improvement attitude, we live, we learn. She is a catalyst for change in what she does in her career, and does the same at home with her beloved family. A Cancerian at heart, a bookworm, great cook, enjoys sports and is building a better Jordan, one client at a time!