



AHLIYYAH&MUTRAN

YOUR SAFE PLACE LIKE HOME

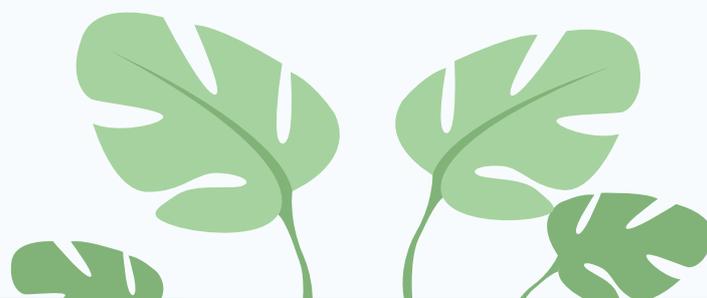
Back to School 2020/2021 Guidebook

A Message of Hope from the Superintendent Haifa Najjar:



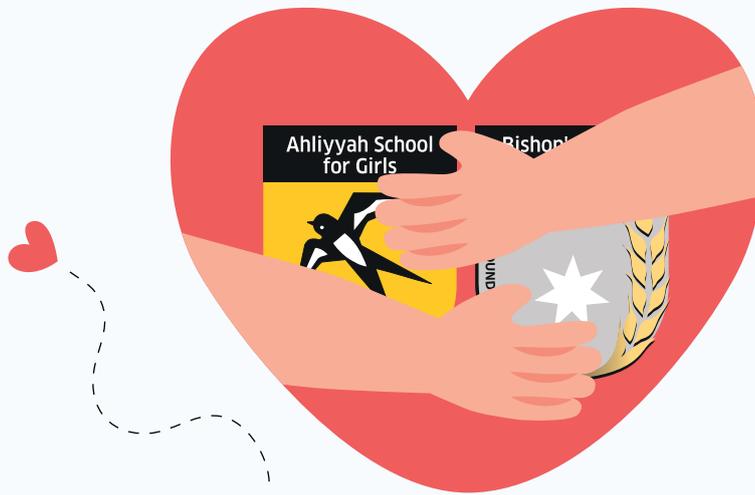
We are currently living under exceptional circumstances forced upon us by the Corona pandemic. This has changed our life patterns to unusual ones and affected our social norms. Nevertheless, we still believe we are able to change such challenges into opportunities that we can all benefit from. And because our utmost priority is our students' wellbeing, we have established procedures to ensure their safety and wellbeing as well as the wellbeing of all school staff so students can pursue their learning in an atmosphere of love, compassion, positivity and hope. We care that Ahliyyah&Mutran is a home that enlightens and provides warmth to all.

What we are passing through now is our opportunity to enable students to be responsible for their learning, safety, and wellbeing, where they excel, innovate, and deal with the circumstances in a balanced and flexible manner. We want them to possess the lifelong skill set that enables them to live their lives, care for others, and be aware that successful solutions to dilemmas are almost always collaborative ones.



1- Ahliyyah&Mutran: Creating a Safe Place like Home

While it is difficult to fully imagine what school will look like when we return, we do need to change many of the old routines that might be of risk within the current circumstances. Changing our routines also means we will put in more effort to ensure that the school's spirit and soul and our joint journeys and experiences will continue to be as fruitful, prosperous, and pleasurable as they have always been. We will continue to enable students to collect the energy that will empower them to impact the world. Because our school community's wellbeing is our top priority, Ahliyyah&Mutran have set rules, regulations, and procedures that will enable us to achieve this, in accordance with measures of the Ministry of Health (MoH), the World Health Organization (WHO) and the Ministry of Education (MoE).



2- The Role of Parents and Guardians:

"Collectively we can do more and together we will achieve success."

Parents and guardians will play a crucial role in ensuring that their children abide by the new set of rules, regulations, and procedures, and slowly adopt them as a new lifestyle. Accordingly, parents are expected to:

- Check their children's temperature at home. If the child's temperature is above 37.5°C, the child should stay at home.
- Be a role model for their children in social distancing while enjoying the company and presence of one another.
- Train their children to wear facemasks and regularly sterilize their hands, particularly when they wear or remove their masks.
- Remind their children not to touch their eyes and faces without sterilizing their hands.
- Remind their children not to touch public surfaces and spaces, unless it is necessary, and to sterilize these surfaces when possible.
- Constantly remind their children to use sterilizers after using common tools or devices (such as books and laptops).
- Provide their children with personal hygiene tools such as masks, tissues, sterilizers, and water dispensers.

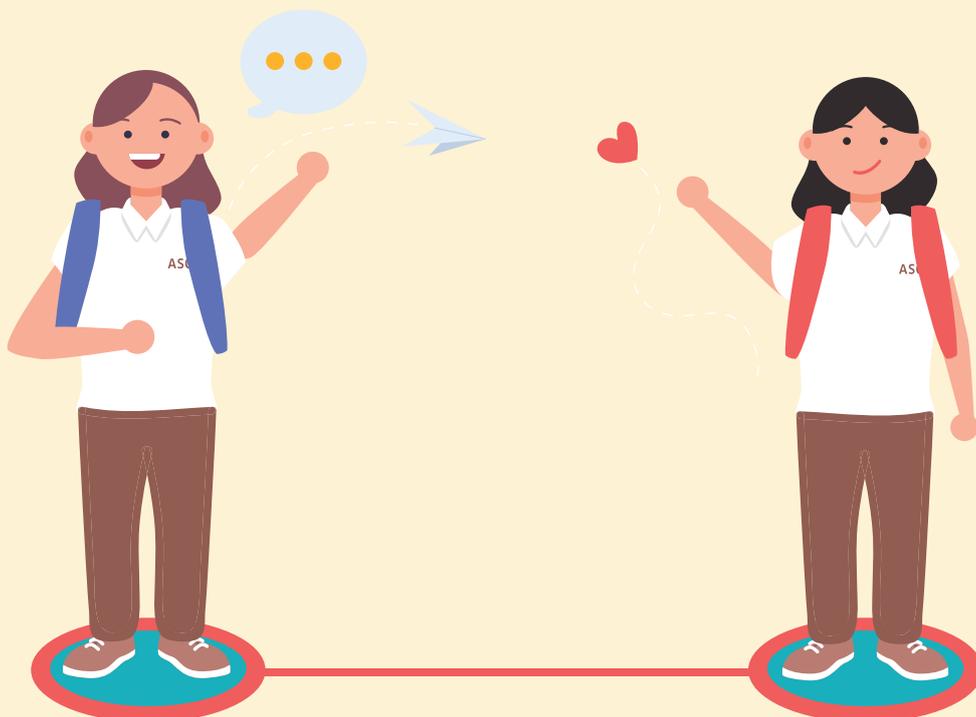


3- The Role of our School:

"Together, we shall succeed in securing a safe environment and raising awareness."

The Ahliyyah&Mutran will:

- Abide by the rules and regulations issued by the Ministry of Education (MoE) and the Ministry of Health (MoH) regarding the reopening of schools, including all those applicable to the academic and non-academic team of the school.
- Put in place measures for entering and departing school while ensuring social distancing.
- Minimize class mergers or groupwork during class activities and break times to ensure physical distancing.
- Remind students continuously to maintain social distancing, wear facemasks, and sterilize their hands and their personal space.
- Follow specific protocols to maintain distancing and sterilization of tools and equipment at all times at the school. (Explained further in 5 - *Health and Hygiene Arrangements*, below).



4- The Wellbeing of our Community:

"The wellbeing of our community is a fundamental pillar in our daily lives."

It is important for all of us to support our children's mental and emotional wellbeing and to facilitate the smooth transition and adjustment of going back to school during Covid-19.

Below are some useful tips for parents to consider:

- Start setting routines in preparation for school. For example, start moving up their bedtime a few weeks before school starts, limit their "gaming time" and/or screen time, and involve your children when you buy their uniforms, stationery, or other school supplies.
- If your child is anxious about coming back to school, reassure them and explain to them that measures are in place to keep them safe. Also, explain the importance of these measures to your children, including the benefits of social distancing, wearing masks, and sanitization. At the same time, please make sure that they understand how imperative it is that they follow all the new rules, regulations, and procedures.
- Routine is key to normalizing your child's emotional state, therefore, set routines as needed, including waking up early, preparing the school bag the night before, and ensuring that they have their mask and other sanitization tools.



4- The Wellbeing of our Community:

- After every school day, take the time to reconnect with your child, and spend some quality family time together. Ask them what they enjoyed the most, what worried them, and what they are looking forward to.
- As the school year begins, keep an eye on your children's emotional needs. You may notice many emotions ranging from excitement to worry, and everything in between. If you notice signs of excessive worrying or stress, show your support, be a good listener, and be empathetic. Ask them how they feel, how excited they are to see their friends and teachers and keep open communication channels with them.
- Help your child realize that other students may be experiencing tension or stress during those times. They and/or their families may have suffered as a result of Covid-19, and encourage them to show empathy and support.
- As parents, be conscious of your own thoughts, emotions, and behavior. We often find our emotional state reflected in our children. If you are worried about your child going back to school, they will most likely feel the same way. Always try to talk to them in a positive, calm, and reassuring manner.
- Please reach out to Ms. Razan Jouaneh, the Head of the Wellbeing Team, at: razan.jouaneh@ahliyyahmutran.edu.jo when you have any questions, concerns or needs.



5- Health and Hygiene Arrangements:

"Let's raise awareness and follow the regulations to guarantee health and safety for all."

The school has implemented routines to ensure the wellbeing and safety of its community during school days by maintaining the following:

- Setting a regular schedule for hand sanitation.
- Setting up stations for sanitizers across the school and at entrance points to facilitate constant sanitizing.
- Sanitization of school facilities on daily basis.
- Sanitization of surfaces, doorknobs, seats, light keys, etc. constantly throughout the school day.
- Sanitization of all public facilities such as playgrounds, labs, and multipurpose rooms continuously and on a daily basis.
- Removal of any unnecessary objects in classrooms, in addition to removing all carpets.



5- Health and Hygiene Arrangements:

- Keeping windows open during school hours to ensure natural ventilation.
- Teaching students how to clean and sanitize their personal space in class.
- Implementing a seating plan where each student will have their specific and personal space.
- Continuous and regular disinfection of toilets and washrooms.
- Maintaining social distancing in all common spaces such as the school playgrounds, labs, toilets and other public spaces.
- Limiting the use of shared resources such as books and/or laptops and constantly sanitizing them.
- Implementing staggered breaks to minimize gatherings.
- Delivering meals bought from the canteen to students in the classroom to avoid gatherings.
- Utilizing "A&M Pay" service to avoid the use of cash money.

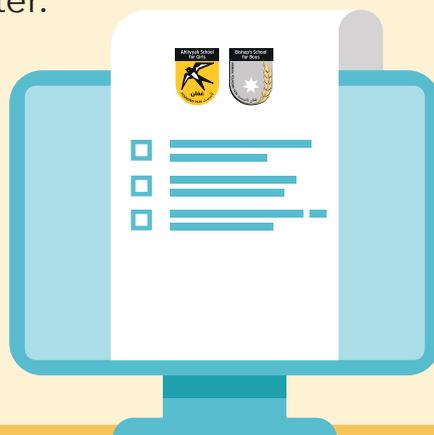


6- Changes in School Policy in Light of Covid-19:

"We are together in this; when we are all fully engaged, we will reach greatness."

It is well known that controlling the spread of this pandemic comes through maintaining a safe distance from anyone infected or showing symptoms. Accordingly, the school will strictly implement the official regulations in that regard, where:

- Anyone with a temperature above 37.5°C and has any respiratory-related symptoms will remain home for 48 hours after complete recovery. We also urge the parents to keep all siblings at home as a preventative measure and isolate their sick child.
- Absent students will be compensated for any learning they have missed.
- Anyone showing symptoms that are respiratory-related during school hours will be quarantined in a special location at school until their parents or guardians pick them up.
- If the child shows symptoms of coronavirus, parents should immediately get them tested for COVID-19.
- Parents should inform the school if they have a family member who exhibits respiratory-related symptoms, and keep children home and away from this family member until she/he recovers completely or provide the school with negative COVID-19 test.
- In efforts of limiting the risk of high exposure, and to guarantee a controlled and safe environment, we recommend parents coordinate any intended visit to the school's campuses and make sure they have a confirmed appointment before visiting. We kindly ask for the full understanding and cooperation regarding this sensitive matter.



7- Getting Sick at School:

- The child will immediately be placed in the school's quarantine room, and be monitored by the School Doctor.
- Parents will be contacted immediately to pick up their child (including all siblings) from school.
- If the child tests positive for COVID-19, parents are mandated to inform the school so that they can take measures to secure the health of their students and team members who may have been in contact with the infected child.



8- Transportation Safety Measures:

The school will abide by the following procedures on all school trips to and from school, to ensure students' safety and wellbeing:

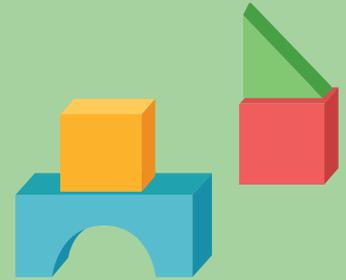
- Buses will be sanitized multiple times on a daily basis.
- Each bus driver and bus attendant will have their temperature checked before they enter the bus and will wear masks at all times during the bus trips.
- Students will have their temperature read prior to riding the bus. Anyone with a temperature above 37.5°C will be asked to stay home.
- Social distancing measures will be followed on the bus, in accordance with the Ministry of Transportation's rules and regulations.
- All students (Grades 1 - 12) should be wearing facemasks properly for the whole bus trip to and from school.
- Bus windows will remain open throughout the bus trip to allow for natural ventilation.
- Students should keep their masks on while walking to their classrooms.



9- The Ahliyyah&Mutran Kindergarten:

The wellbeing of children comes through their connection with each other; however, the school will try to maintain social and physical distancing among children in the Kindergarten through the following measures:

- Teachers (Grades KG-5) will be wearing face shields.
- Kindergarten children are not obliged to wear masks.
- Kindergarten children will be divided into small groups within classrooms, where each group will have their own set of toys and materials, that are constantly sanitized.
- Many activities will be conducted in open air environments whenever possible.
- Tools, equipment, and toys that children commonly use will be sanitized before and after use.
- Children will receive meals in sealed containers.



10- Communication:

Clear and timely communication is key to the success of reopening our school at this stage. Accordingly, the following procedures have been set to facilitate this matter:

- Awareness sessions will be held for students, teachers, school staff, and parents upon necessity or request.
- Parents will be regularly updated on the current health situation at school. Concurrently, parents are required to update the school about any family health issues or emergencies.

11- Voicing Your Concerns:

We trust that the information we have provided in this guidebook supports your understanding on how we collectively plan to prepare for school reopening. If you have any concerns, please reach out to us:

Ms. Ruba Madanat at 0795292809

Email us at: Community.relations@ahliyyahmutran.edu.jo

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THANK YOU